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Article

The Cancer’s Margins Project: Access to Knowledge and Its Mobilization by LGBTQ/T Cancer Patients

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Abstract

Sexual and/or gender minority populations (LGBTQ/T) have particular cancer risks, lower involvement in cancer screening, and experience barriers in communication with healthcare providers. All of these factors increase the probability of health decisions linked with poor outcomes that include higher levels of cancer mortality. Persistent discrimination against, and stigmatization of, LGBTQ/T people is reflected in sparse medical curriculum addressing LGBTQ/T communities. Marginalization makes LGBTQ/T persons particularly reliant on knowledge derived from online networks and mainstream media sources. In what is likely the first nationally-funded and nation-wide study of LGBTQ/T experiences of cancer, the *Cancer’s Margins* project (www.lgbtcancer.ca) conducted face-to-face interviews with 81 sexual and/or gender minority patients diagnosed and treated for breast and/or gynecological cancer in five Canadian provinces and the San Francisco Bay area (US). With specific attention to knowledge access, sharing, and mobilization, our objective was to document and analyze complex intersectional relationships between marginalization, gender and sexuality, and cancer health decision-making and care experiences. Findings indicate that cancer care knowledge in online environments is shaped by cisnormative and heteronormative narratives. Cancer knowledge and support environments need, by contrast, to be designed by taking into account intersectionally diverse models of minority identities and communities.

Keywords

biographical knowledge; biomedical knowledge; cancer; cancer care; gender; health disparities; health equity; information access; LGBT health; minority cancer patients; transgender; treatment

Issue

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1. Introduction

The design of culturally competent and medically effective cancer treatment and care is dependent upon understanding both sexual diversity and gender diversity as key elements of the body of knowledge that shapes minority population health. Research has revealed a number of cancer health disparities for members of sexual and/or gender minority populations (LGBQ/T)¹, including: avoidance of cancer screening, longer time between follow-up appointments, less screening reliability, issues with service provision and refusal, poor healthcare provider communication, and lower self-rated health (Boehmer, Glickman, Winter, & Clark, 2013; Burkhalter et al., 2016; Jabson, Farmer, & Bowen, 2015; Kamen, Smith-Stoner, Heckler, Flannery, & Margolies, 2015; Peitzmeier, Reisner, Harigopal, & Potter, 2014; Tabaac, Sutter, Wall, & Baker, 2018; Taylor & Bryson, 2016). Recently, there have been calls in the field of oncology for better information about the cancer health experiences of gender and sexual minority populations (Burkhalter et al., 2016; Griggs et al., 2017). Critical perspectives on breast and gynecologic cancer and the organization of health care and knowledge have also prioritized a reorganization and rebranding of these cancers so as to move away from the problematic and reductive categorical representation of these cancers as “women’s cancers” (Jain, 2007; Klawiter, 2004; Sulik, 2011; Taylor & Bryson, 2016).

Recently, the American Society of Clinical Oncology released a position statement outlining the importance of addressing cancer health disparities and the suboptimal care that sexual and/or gender minority patients experience across the cancer trajectory (Griggs et al., 2017). While many cancer care providers have supportive attitudes towards sexual and/or gender minority populations, they lack training and knowledge about the unique health needs of these populations. A recent survey of cancer care providers found that only 47% of cancer specialists assessed themselves as being well-informed on LGBQ/T health (Tamargo, Quinn, Sanchez, & Schabath, 2017). Additionally, less than half of cancer specialists correctly answered questions about specific LGBQ/T cancer health needs and disparities: including quality of life and sexual activity, differences in cancer risk profiles, and disclosure and health outcomes (Tamargo et al., 2017).

Medical education and training for providing care to sexual and gender minority populations is woefully inadequate (Banerjee, Walters, Staley, Alexander, & Parker, 2018; Obedin-Maliver et al., 2011), and results in cancer care providers who are not prepared to treat a wide diversity of sexual and/or gender minority patients (Tamargo et al., 2017). The importance of sexual and gender minority health knowledge among health providers cannot be underestimated as qualitative research has shown that increased LGBQ/T health knowledge is di-

rectly associated with increased willingness and capacity to provide culturally competent cancer care (Banerjee et al., 2018). However, the inclusion of sexual and gender diversity in cancer treatment, as well as related knowledge seeking, health communication, and treatment decision-making, remain profoundly under-studied areas of cancer research (Burkhalter et al., 2016; Watters, Harsh, & Corbett, 2014).

The advent of easily accessible cancer health information online has changed the ways that patients make decisions about their health (Ziebland & Herxheimer, 2008). However, claims that online access to health knowledge contributes positively to consumer health have been called into question by extensive research evidence of unequal distributions of both health knowledge and access to knowledge (e.g., Bryson & Stacey, 2013; Jabson, Patterson, & Kamen, 2017; Newman, Biedrzycki, & Baum, 2012; Orgad, 2006) that are linked to the lack of “structural competency” that produces population-level marginalization (Donald, Dasgupta, Metzl, & Eckstrand, 2017; Metzl & Hansen, 2014). Public access to structurally competent health knowledge for members of minority populations remains an under-researched social determinant of health disparities (Newman et al., 2012). In particular, marginalized patient groups have uneven access to online cancer health knowledge and are excluded from the online knowledge ecologies proliferated by cancer support programs and organizations (Gibson, Lee, & Crabb, 2016). Conceptualizations of accessing information online as a key component of media literacy include not only the technical skill required to access media, but also a measure of cultural knowledge and competency (Orgad, 2006).

Research has shown that online knowledge seeking can assist patients to become increasingly more informed about their health (Wald, Dube, & Anthony, 2007). Recent research has confirmed that when patients have a positive relationship with care providers, online health information seeking can improve relationships with providers because it can provide greater opportunities for discussion (Tan & Goonawardene, 2017). However, additional research on clinical interactions suggests that there are barriers to patient-provider interactions and communications between cancer care providers and sexual and gender minority patients (Agénor, Bailey, Krieger, Austin, & Gottlieb, 2015; Bryson et al., 2019; Gibson, Radix, Maingi, & Patel, 2017). Specifically, problematic communication between providers and patients exacerbates already-existing population-based health disparities. In North America, most cancer care is organized around the model of “shared decision-making”, which only works well when there is a strong evidence base to inform care decisions coupled with a high degree of cultural competence that informs patient-provider communication (Grabinski, Myckatyn,

¹ Lesbian, Gay, Bisexual, Queer, and Transgender. Our use here of the acronym LGBQ/T is not intended to denote any kind of simplistic or static ontology, experience, or coherency between categories of sexuality and gender and their relation to identity, embodiment, visibility, and group recognition. We acknowledge the subjugatory and liberatory effects of these locationally and discursively situated and highly contestable signifiers.

Lee, Philpott-Streiff, & Politi, 2018; Kirby et al., 2018). Sexual and/or gender minority cancer patients face a doubled health disparity in terms of, first, having less positive relationships their providers (Boehmer & Case, 2004; Matthews, Breen, & Kittiteerasack, 2018) which then, secondarily, prevents them from being able to take advantage of the improved health decision-making that might otherwise result from online health information seeking and subsequent patient-provider interactions.

Quantitative research suggests that LGBTQ/T folks are likely to go online to seek health information, and, when seeking health information for themselves and others, have a higher probability of being exposed to incidental health information online than heterosexual populations (Jabson et al., 2017). When sexual and gender minority people are gathering health information online, their risk of being exposed to and utilizing inaccurate health information is increased (Jabson et al., 2017). Therefore, understanding how sexual and/or gender minority people with cancer access, navigate, and coordinate cancer knowledge both online and in face-to-face communication will inform the design of culturally and medically competent web-based information and support systems. No previous research to-date has specifically addressed the need for evidence concerning online knowledge seeking and access by LGBTQ/T cancer patients. The *Cancer's Margins* project directly addresses the need for research concerning LGBTQ/T health informatics. The analysis presented here is intended to advance knowledge concerning cancer health knowledge access and the mobilization of support by LGBTQ/T people diagnosed with breast and/or gynecologic cancer.

2. Method

The design of the *Cancer's Margins* research methodology is informed by theoretical frameworks from the Social Study of Medicine (SSM) that deploy sociocultural and post-structural approaches to an analysis of subjectivity, the mobilization of knowledge, and experiential narratives of health and wellbeing (e.g., Bryson & Stacey, 2013; Diedrich, 2007; Mol, 2002). When applied to sexual and gender minority population health issues, SSM methods allow analyses to take into account the subjective experiences of participants as being valuable and credible sources of knowledge, while also simultaneously considering the larger structural and historical contexts shaping those experiences. This analysis of the role of knowledge access in varied discursive contexts pays particular attention to online knowledge ecologies, including in particular, the specific roles of biomedical and biographical knowledge (Bryson et al., 2019) that patients navigate and coordinate in the flux of cancer health decision-making. This analysis seeks to identify both kinds of knowledge and also, the access and mobilization techniques that are typical for sexual and gender minority cancer patients. Where the context of cancer treatment is organized around cisgender and heterosex-

ual narratives of treatment and support, the biographical and embodied knowledge of sexual and gender minority patients is discordant relative to the ubiquitous "women's cancer" narratives of femininity, gender, embodiment, identity, and decision-making.

Our analysis asks: What types of knowledge and social support are sexual and/or gender minority breast and gynecologic cancer patients seeking in the multiple contexts of cancer health decision-making, including online and elsewhere? *Cancer's Margins* also investigates how sexual and gender marginality, both distinctly and intersectionally, discursively and materially shape access to and mobilization of knowledge and support for cancer patients.

Cancer's Margins participants were recruited from urban, suburban, and rural locations in 5 Canadian provinces: British Columbia (BC), Manitoba (MB), Ontario (ON), Quebec (QC), and Nova Scotia (NS). The sample also includes pilot interviews with LGBTQ/T people diagnosed and treated for breast and/or gynecologic cancer living in the San Francisco Bay Area (BA). Using non-random, purposive recruitment methods—such as snowball sampling—that are considered optimal for use with "hard-to-reach" populations (Bonevski et al., 2014), a diverse sample of LGBTQ/T participants was recruited (see Table 1). The sample ($n = 81$) varied in age, sexual and gender identity, race and ethnicity, dis/ability, socio-economic status, as well as in the type of cancer and stage. Many studies of LGBTQ/T health exhibit a problem of unrepresentative samples in terms of race and also, gender diversity (Meyer & Wilson, 2009). *Cancer's Margins'* deployment of proactive and focused recruitment practises resulted in a sample that is broadly representative of the Canadian population regarding race and ethnicity (Statistics Canada, 2017). Since there are no national demographic data concerning gender diversity, it is hard to say what a representative sample should look like. Participants were asked directly if they identified as transgender or gender nonconforming in any way; 10 participants answered affirmatively, and 71 participants answered "no". Of the 71 who answered "no" to this question, 31 self-identified as "cisgender" or "woman". The other 38 of the 71 participants (who did not self-identify as transgender or gender nonconforming) nevertheless used a variety of non-normative identity terms to describe their gender (e.g., kinky femme, genderqueer, butch, etc.) that indicated a more complex relationship to gender than what arises in cisgender narratives. The age range of participants was between 33 to 75 years old and all had been diagnosed with and treated for breast and/or gynecologic cancer. Interviews focused on eliciting information about participants' understanding of intersectional elements of their identities and histories, as well as their experiences along the trajectories of cancer care from screening, to diagnosis, treatment, and ongoing surveillance and/or metastatic care, including their access to knowledge and the mobilization of knowledge, as these relate to support net-

Table 1. Participant demographic table.

Geographic Location						Age			
BC: CA	MB: CA	ON: CA	QC: CA	NS: CA	BA: US	33–46	47–56	57–66	67–75
21	9	23	8	7	13	19	34	21	7

Gender: Do you identify as Transgender?				Sexuality		
Yes: Trans	Yes: GNC	No: Genderqueer	No: Cisgender	Lesbian	Queer	Bisexual
7	3	38	33	26	46	9

Race/Ethnicity					
Caucasian	Black	Asian	Indigenous	Hispanic	Mixed Race
58	3	6	6	3	5

Cancer: Type				Cancer: Stage			
Breast	Cervical	Ovarian	Uterine	DCIS/One	Two	Three	Metastatic
51	7	16	13	25	31	15	10

works, treatment decision-making, and experiences of care and information seeking. Research ethics approval was received from the research ethics review boards at each of the investigators’ home universities.

This qualitative data analysis of *Cancer’s Margins* interview transcripts focuses on participants’ experiences with seeking knowledge or support and the knowledge mobilization practices and techniques employed by sexual minority and gender minority cancer patients. Data analysis included the use of MAXQDA qualitative data analysis software to perform the initial coding of all transcripts, as well as the refinement of the coding system for consistent inter-coder reliability across the dataset of 81 transcripts.

3. Findings

3.1. “What it Really Meant, What We’re Dealing with”: Patient-Provider Communication, Disclosure, and Online Biomedical Knowledge Seeking by Sexual and/or Gender Minority Cancer Patients

A cancer diagnosis typically precedes an intensive engagement with medical systems and providers. Participant accounts of the complex and laborious coordination of biographical and biomedical knowledge sources during cancer health and treatment decision-making reveal significant use of online knowledge seeking for themselves and for/by people in their support networks. Informational support was a key driver in online knowledge seeking activities. For example, Dana talked about a friend, a primary member of Dana’s cancer support net-

work and also a sexual minority community member diagnosed with cancer, who provided Dana with research she had done on breast cancer.

“She was on the Internet, and she’s a very smart cookie. So she was looking at just about anything she could find, including medical research.” Dana (BA, 64, Caucasian, gentlemanly butch, breast cancer)²

Many participants reported that both they and their support network members spent more time online subsequent to their cancer diagnoses, and that accessing information online had become a primary source of knowledge. They recalled being online for “many hours”, or spending the “whole day online”, pointing to a consistently high pattern of Internet use related to cancer diagnosis and treatment decision-making.

“I get on the Internet for many hours every day now.” Heather (BA, 54, Caucasian, kinky femme, femme dyke, breast cancer)

“I would always use the Internet for research.” Barbara (BA, 54, Caucasian, femme, queer, metastatic breast cancer)

“I would spend a whole day online, looking at things, and then I would get a bit burned out from that. But then I would do it (again) because I would get reassured, by finding out different things, and just knowing what’s what, a little bit.” Paula (BC, 48, Japanese Canadian, gender nonconforming, queer, breast cancer)

² The demographic information following each quote from the transcripts includes the participant pseudonym as well as those particular words that each participant used to communicate the specificities of their locations relative to categories of location, age, race and/or ethnicity, modes of gender identification and sexual identification, and type of cancer diagnosis.

“It was like breastcancer.org, the discussion boards on chemotherapy, side effects in treatment kind of things, was like my bible; my go-to. I would go there and read and read and read and read.” Holly (BA, 44, Jewish, femme, queer bisexual, breast cancer, BRCA1 gene)

Participation in shared decision-making models is directly affected by the quality of patient-provider communication that, for sexual and gender minority patients, is often encumbered by power differentials between patients and providers and also, by the existence of mistrust and a very high level of vigilance by patients about the possible impacts of disclosure related to either minority sexuality or gender. Additionally, there is a significant impact of the lack of evidence pertaining to LGBQ/T cancer patients on the quality of patient-provider interactions about cancer health decisions. While online information seeking is performed by many cancer patients of all sexualities and genders to seek further clarification of biomedical information, the increased barriers to communication and knowledge access in relation to care providers experienced by sexual and/or gender minority cancer patients makes the use of online resources to make sense of biomedical information all the more crucial as a source of information for cancer health decision-making. Gender and sexual minority patients have an already hindered access to knowledge based on barriers present in the patient-provider relationship. Patients who are marginalized in the clinic will seek the information they need from other sources, and the Internet is consistently found to be an increasing source of health knowledge. Participants reported that clarification of medical knowledge took place throughout the trajectory of their cancer experiences and identified the period of diagnosis and staging to be particularly significant.

“It wasn’t until I actually saw the pathology readout that I got some of those things explained. And what I did is, I sat there with the pathology report, and an online guide to the pathology ‘Your Pathology Report’ and tried to sort of match it up.” Holly (BA, 44, Jewish, femme, queer bisexual, breast cancer, BRCA1 gene)

“I was wanting to learn more about the stages and the grades of cancer—to try and understand the levels and the scales....I did a bit of research about that, just to understand my (diagnosis)....It was to explain and to confirm for me what it really meant.” Diane (NS, 39, Caucasian, femme, lesbian, uterine cancer)

“Then (I) started going on the Internet too. Started looking at things. I think (I) just started with basically a Google search. You could go on to some of the medical sites; it was here in Canada....The one I found was actually very good because it explained and showed diagrams and explained all the pieces of it. So it was

like, ‘Oh okay, so that’s what it is. And that’s what we’re dealing with.’” Donna (MB, 53, Caucasian, lesbian woman, breast cancer)

Disclosure of sexual and/or gender minority identity to health care providers is a key communication issue and is highly related to quality of healthcare outcomes generally, and specifically, cancer health outcomes and quality of life and wellness measures. Cancer care providers frequently neglect to ask about the sexual and gender identities of their patients, which constitutes an increased barrier to communication and rapport, inflating the risk of disparities in care for LGBQ/T cancer patients. With disclosure being directly linked to better experiences of cancer care and wellbeing (Kamen et al., 2015), it is significant to note that *Cancer’s Margins* participants consistently reported that they actively managed the disclosure of their sexual and gender identities—often hiding their identities in online environments—in order to access support and information in cisnormative and heteronormative online environments.

“I don’t talk about it. I’m totally closeted....I keep it undercover in the online group.” Barbara (BA, 54, Caucasian, femme, queer, metastatic breast cancer)

Our findings reveal that sexual and gender minority cancer patients perform significant cancer health knowledge seeking online and suggest that web-based knowledge and support environments could be an effective and efficient way to access both biomedical and biographical cancer health knowledge and support for LGBQ/T patient populations by reducing the amount of navigation and coordination that patients need to do to sort through the support and information online to find what is relative to them. Online resources that provide information specifically for LGBQ/T cancer patients may partially alleviate the additional knowledge seeking burden on these marginalized patients as a result of barriers in their communication and relationships with care providers.

3.2. “It Didn’t Work for Me”: Cisnormativity and Heteronormativity as Barriers to Online Knowledge Access and Mobilization

Given the lack of competence in working with sexual and gender minority patients that has been assessed in cancer care providers, marginalized patients are positioned to “manage the unmanageable” (Mason, 2001, p. 39) by being tasked with finding a provider who is both medically competent and culturally competent. Participants reported that they specifically went online to find knowledge and information about providers who were, in some way, reputed to be willing, experienced, and/or “friendly” in working with sexual and gender minorities and used this information to make decisions about providers.

“They had a list of (care) providers that are quote unquote ‘LGBT friendly.’” Angela (BA, 33, Caucasian, queer, dyke, breast cancer, uterine cancer)

As previous research on online cancer resources has noted (Gibson et al., 2016), the marginalization of sexual and gender minority populations compels many patients to seek out culturally competent providers—with no suggestion as to how to accomplish this—placing the responsibility to resist the cisnormative and heteronormative narratives of cancer care onto individual patients.

Sexual and gender minority cancer patients are highly attuned to find biographically relevant knowledge as a key element of the navigation of online knowledge and support. *Cancer’s Margins* interviewees talked about what they noticed online and how they made decisions about whether or not a particular resource was a good fit. They paid attention to the language and topics used in order to assess the level of LGBTQ/T inclusion in a wide array of knowledge ecologies.

“Really early on in my online reading, I realized that lots of people were praying for other people. And lots of people had a DH (“darling husband”). And nobody in the general threads said anything about my DW (“darling wife”). There is a thread for lesbians. I found it strangely underdeveloped. It didn’t work for me. I thought, ‘Boy, it’s not fair for me to just read and read and not participate....And then I thought ‘I’m not comfortable being out on this. And I can’t imagine being in. So I’m not going to join.’” Holly (BA, 44, Jewish, femme, queer bisexual, breast cancer, BRCA1 gene)

Ethnographic accounts of cancer care systems and marginalized cancer patient experiences have pointed to heteronormative and cisnormative knowledge systems as organizing factors in cancer care (Jain, 2007; Klawiter, 2004). The *Cancer’s Margins* project findings have also detailed deleterious effects of cisnormativity on trans and gender nonconforming cancer patients (Bryson et al., 2019; Taylor & Bryson, 2016). Participants described at length how cisnormative and heteronormative knowledge systems influenced many aspects of their care, such as support access and patient-provider relationships, and led to substandard care and a lack of attention to the specific aspects of patients’ experiences that were key aspects of minority sexuality and/or gender identity.

“The thing that was just blatantly absent was the queer element. Nobody talked about it. It was completely absent from discussion on the boards.” Serena (BC, 39, Caucasian, punk femme, bisexual, breast cancer)

“I went online and I started to do research....It’s all very mainstream” Shirley (BC, 52, Jewish, femme, dyke, cervical cancer)

“I didn’t find information that focused on lesbian women who had cancer. Absolutely nothing. I would have liked it, but I didn’t find anything like that.” Olivia (QC, 60, Caucasian, lesbian woman, breast cancer)

The pink ribbon branding of breast cancer support sites is also part of the systemic barriers for sexual and gender minority patients seeking cancer information. Participants reflected that the feminized gendering of cancer websites was a barrier to their engagement and inclusion in accessing knowledge or support online. The branding of a website that uses the pink ribbon approach to breast cancer was interpreted by LGBTQ/T participants as an effect of heteronormative and cisnormative narratives.

“I was opposed to the pink ribbon effect that was a major marketing tool for non-profit sites focused on women and cancer.” Olivia (QC, 60, Caucasian, lesbian woman, breast cancer)

Our analysis revealed that the cisnormative and heteronormative narratives that inform patient experiences of biomedical care also shape the representation of online biomedical information, as well as support websites. The cisnormative and heteronormative narratives of cancer that are invoked on cancer websites were perceived as a barrier to online engagement by interview participants who were seeking inclusive locales for knowledge and support.

3.3. “Talking on Different Wavelengths”: Gender Minority Patients, Shared Decision-Making, and Structural Competency

We have previously reported on the alarming lack of coordination between gender affirming care and cancer care for gender minority patients (Taylor & Bryson, 2016). In the analysis reported here, gender minority patients reported that online cancer knowledge was uncoordinated with knowledge concerning gender affirming care. Despite extensive knowledge seeking, none of the transgender participants in the *Cancer’s Margins* study reported accessing any cancer health information or support online that was specific to gender minority populations and many indicated that they were lacking support.

“I spent a lot of time trying to find information about (transgender cancer patients online). Because the first thing, when you tell people you have cancer, and you’re trans, is “Oh, it is because of your hormones?” A lot of people say that, which drives me nuts. Like you did this to yourself. You know, there’s zillions of trans people and not all of them have cancer! I don’t even think there’s any studies to show that the rates are higher. I was looking at all the possibilities and I didn’t really find any information.” John (ON, 33, Asian-Canadian, trans man, queer, breast cancer)

While most of the transgender participants reported accessing some form of gender affirming care, their cancer care did not in any way take this into account. The lack of information at the intersection of cancer health and gender affirming medical care prevents the meaningful integration of medical knowledge and culturally competent care for gender minority cancer patients and creates an enormous barrier to informed and shared decision-making. Patient-provider communication was completely stymied by this lack in structural competency for gender minority patients.

“I keep running across that: ‘I’m the unique patient that they don’t have any experience with’....And you know, specialists at the best of times don’t really want to get their information from their patients. They don’t want to be educated by their patients because it tips the power imbalance, doesn’t it?” James (BC, 58, Caucasian, trans man, bisexual, cervical cancer)

Particularly in relation to hormone administration, oncologists were unaware of the benefits to the trans cancer patient that would accrue from coordinated care regimens. When attempting to engage in shared decision-making with their care providers, gender minority participants were keenly aware of the lack of available biomedical information about their gender affirming cancer health needs.

“There’s a growing awareness that lesbian and gay people have specialized needs (but) trans healthcare is way, way out there. Even though I think that would be easier to address medically, because there is actually a biological (context)....But, it’s so far from people’s minds...they couldn’t advise me one way or the other. (My doctor) said, ‘You know, there aren’t really numbers to support, in your case, if it’s going to help you or not’....But, there’s no shortage of information for biological women who are female identified to access information.” John (ON, 33, Asian-Canadian, trans man, queer, breast cancer)

When gender minority cancer patients seek out cancer health information online, they often attempt to coordinate additional bodies of knowledge, such as biomedical knowledge about gender affirming care. However, neither patients nor their providers have the knowledge needed for decision-making about the overlaps in cancer risk, cancer treatment, and gender affirming surgical and hormonal care. John directly described how the lack of coordination of online gender minority health knowledge and cancer health knowledge created a barrier in his communication and his informed and shared decision-making with his surgeon:

“There’s certainly no trans stuff, not even online, that I could find or that was what I needed....I had said to (my surgeon), “In the time that I’ve been waiting,

I’ve been doing a lot of research online....Are there sources of information that are better than others, in your experience?’ He said “Google breast cancer.” I was like, ‘Oh my friend, we are talking on different wavelengths here’. So I realized that he wasn’t a source of information. I was waiting for my surgery, and he didn’t hook me up with any resources or anything.” John (ON, 33, Asian-Canadian, trans man, queer, breast cancer)

Despite, or perhaps as a result of, the lack of gender minority specific information and support online, gender minority participants had clear and direct ideas about how to make online cancer knowledge and support websites more available and accessible to marginalized communities.

“Each page that you go to is clean looking. In other words, don’t have a lot of stuff on each page. Have it so the type is fairly large. And don’t put backgrounds like, black with blue lettering. I’ve seen that on websites. Terrible. You can’t read the damn thing, right? For people who are visually impaired, you have to have it really good, right? Make a site that you can also access for deaf people—signing the information. If you put people in, of course, a wide variety of people—not just a bunch of white folks, which drives me crazy when I go to websites. I also want to see culturally-specific information as well. In terms of the website, you just gotta have lots of good information.” Jolene (ON, 59, Caucasian, genderfluid, transgender, queer, metastatic breast cancer)

Cancer support and information websites that are inclusive and accessible for sexual and/or gender minority people need to show complexity in their portrayals of cancer patients and the kinds of knowledge they might find useful in making cancer health decisions. Transgender and gender nonconforming participants, as well as a significant portion of gender diverse sexual minority participants, showed a high degree of health literacy and media literacy that they used to coordinate various sites of knowledge. These findings suggest that both online engagement and support—in relation to biomedical, biographical, and experiential knowledge—are primary considerations in efforts to address LGBTQ/T cancer health disparities. Support targeted specifically to gender minority populations needs to be a key element of health informatics design in order to engage the wider population of LGBTQ/T cancer patients.

3.4. “People Like Me, People Like Us”: The Credibility of Online Information, Decision-Making, and Experiential Knowledge

Participants in the *Cancer’s Margins* research project reported that they often accessed health knowledge online and that they were concerned about the quality of

that knowledge. Participants expressed concern about the accuracy and credibility of cancer health information that might be available online, and Internet sources were generally regarded with some suspicion concerning credibility.

“You never know what’s true and what’s not.” Debrah (ON, 72, Jewish, lesbian woman, metastatic cervical cancer)

A number of participants brought up the source of the information as a primary part of their concern. Suzette pointed out that the source of the information is directly part of the issue of credibility.

“Anyone can put anything up there. So, you know, how valid is the information? Where is it coming from?” Suzette (NS, 59, Caucasian, lesbian woman, breast cancer)

In order to mitigate the risks of using erroneous knowledge to guide decision-making, *Cancer’s Margins* participants sought out knowledge and networks that were specifically by and for sexual and/or gender minority populations, and prioritized experiential knowledge from other sexual and/or gender minority people diagnosed with cancer.

While many participants reported preferring a face-to-face interaction with other LGBTQ/T cancer patients, they were often seeking out peers online because there was a wider community network to connect with other LGBTQ/T cancer patients online than there was for them locally.

Information and experiential knowledge-sharing was seen as less credible and less relevant to decision-making when it was more general and not specifically geared towards sexual and/or gender minority patients.

“When you know that things like this exist, that there are other people that are living the same thing as we are, people like us.” Sylvie (QC, 37, Caucasian, French Canadian, lesbian woman, ovarian cancer)

“When I watched the videos of LGBTQ/T cancer patients, it really made me feel better. It was like a breath of fresh air in a period of discouragement. It was really good to see someone who looked a lot more like me.” Olivia (QC, 60, Caucasian, lesbian woman, breast cancer)

For LGBTQ/T interviewees, the role of sexual and/or gender minority population(s)-specific information was important to provide validation and support for identities, embodiments, and lives that were subjected to the disrepair produced by a diagnosis with cancer.

“I think it’s absolutely critical. I’m old school gay, right? I like having our own stuff. I’m not into integration

here. I think we’re losing—don’t even get me started on this. We have already lost so much. I will always fight for separate LGBT stuff. It’s critical.” Emily (ON, 61, Caucasian, femme, dyke, cervical cancer)

3.5. “Someone That You Actually Click With”: Locating and Facilitating LGBTQ/T Community and Network Support

Given that different types of support are needed by patients undergoing cancer treatment, our findings contribute new knowledge concerning how LGBTQ/T cancer patients make extensive use of online tools to counteract the relatively lower levels of support in health decision-making that they experience in person. Participants reported that they also went online in order to organize their support: coordinating, scheduling, and delegating support tasks.

“I put an announcement on the website. My partner, a week after my surgery, needed to go to a conference. There’s part of me that wanted people to bring me certain things...So I put it online. And people did stuff (in person to support me).” Ninet (BA, 56, Israeli, radical feminist dyke, uterine cancer)

Cancer’s Margins interviewees who were seeking people similar to themselves went online to connect with other LGBTQ/T people and to facilitate interactions that would not be as easily accessed in person. For participants, especially those who were living in smaller or more remote communities, the ability to reach a wider pool of people for various types of support was essential, but they specifically needed to locate other sexual and/or gender minority cancer patients that they could identify and connect with.

“The circle of gay and lesbians is so much smaller in small communities—and having a hard time to find someone that you actually click with in that small community, because you’re different. Having cancer on top of that, I wanted to be able to connect with a lesbian who has breast cancer.” Marianne (ON, 51, Aboriginal Canadian, gay woman, breast cancer)

By going online to seek out community and network support, participants were able to reach a larger and wider pool of potential interlocutors, and thereby increased the probability of connecting with other LGBTQ/T people.

A significant sub-group of participants also noted that they were not able to locate support for their partners and that impeded access to support was an added stress during their cancer treatment. Participants were acutely aware of the impact of their cancer on their partners and support networks. Participants identified support for their partners as being entirely lacking in their experiences online. Partner support was highly prioritized by participants and many participants talked about the

possibility of their primary support persons getting online support or getting support for their relationships online during treatment.

“What if we did this specifically for lesbians to talk together, especially about how relationships are affected? It could be a chat line....Often we’re left with information that could be shared and typically is not: feelings, tips, medical and psychological decision-making, and relationships.” Olivia (QC, 60, Caucasian, lesbian woman, breast cancer)

3.6. “Information That Could Be Shared”: Blogging and LGBTQ/T Cancer Patients’ Contributions to Mobilizing Sexual and/or Gender Minority Knowledge

Cancer patient blogs contain valuable information about people’s cancer experiences and researchers have used blogs by cancer patients as data sources for understanding the role of blogs and communication networks in shaping cancer patients’ experiences. Chung and Kim (2008) looked specifically at the impacts of blogging on cancer patients and found that “emotion management” and “information-sharing” were some of the most significant uses of blogging for cancer patients. None of the research available on cancer patients and blogging practices has looked at sexual or gender minority status.

Several *Cancer’s Margins* participants used blogging to communicate their experiences and contribute to the diversity of online cancer knowledge. Participants described using blogs to communicate the process of cancer treatment and decision-making across the cancer trajectory to their extended network group of friends, co-workers, family, community, etc. Blogs were intended to reduce the work carried out by patients in communicating with support networks. Blogs often began as a way to communicate practical support issues with a larger support network and then, in time, provided a highly significant level of emotional and esteem support.

“Would you like to know why I started blogging?...I realized how hard it was going to be on him, to have to constantly update everybody about everything. And I thought if I blogged then his friends and family—I mean, it really was about him first. They could just go somewhere and see it, and he wouldn’t constantly have to ask me what’s going on and then distribute it....That’s why I started it. And then it turned into the life support thing, life saver, I don’t know, rope, this thing that was going to carry me through when I was really upset and I could sit down and write about it.” Holly (BA, 44, Jewish, femme, queer bisexual, breast cancer, BRCA1 gene)

Participants also reported that they used blogging to share experiences with others because they felt there was limited information that was specific to them as members of sexual and/or gender minority populations.

Blogs, in this sense, were also seen as a form of service or obligation to other patients to fill in the gaps in cancer information that is available and accessible online for sexual and/or gender minority patients. Blogs allowed participants to create and mobilize experiential cancer knowledge that was specific to them as members of one or more marginalized groups.

“I think my main thing was to provide something for (LGBTQ/T) people who ended up in that situation themselves. I couldn’t find anything that would tell me what I was about to go through. That’s why I decided to put it out there for other (LGBTQ/T) people....I wanted (those) people to have some idea what to anticipate.” Jake (BC, 52, Caucasian, butch dyke, ovarian cancer, BRCA1 gene)

Blogging afforded participants an online opportunity to mobilize their own “experiential evidence” (Ziebland & Herxheimer, 2008); that is to say, knowledge that was relevant and specific to their community and support networks. This contribution to knowledge mobilization was taken up by participants as a duty of care to their LGBTQ/T community so as to refuse the heteronormative and cisnormative narratives of cancer care, and, simultaneously, to create a culturally appropriate emotional support system.

4. Conclusions

The *Cancer’s Margins* project advances knowledge concerning how sexual marginality and gender marginality shape access to knowledge and the processes by which marginalized cancer patients engage with knowledge access and mobilization. This analysis advances knowledge about the ways that sexual and/or gender minority cancer patients access knowledge and support and the implications for cancer health decision-making and patient-provider relationships and communication.

Cancer’s Margins participants were highly aware of the need to coordinate their online activity with their face-to-face treatment, knowledge, and support networks. The persistent presence of heteronormative and cisnormative narratives in the organization of cancer care knowledge specifically, and health care more generally, put participants in a position where they needed to perform extra work to compensate for the failure of care systems to respond to their cancer health decision-making needs. Marginalized patients must do a lot of excess labour to manage and coordinate various fields of knowledge in cancer care environments. Our interviewees shared techniques that they used to navigate cancer knowledge ecologies. They reported that knowledge about cancer and relatedly, decision-making was not designed to meet current standards regarding culturally competent care. The specific techniques that participants used to coordinate knowledge access across diverse locations included: managing disclosure, sorting

applicable information from cisnormative and heteronormative narratives, and seeking biographical and medical knowledge from other sexual and gender minority cancer patients, in addition to knowledge mobilization techniques such as blogging.

Our analysis provides evidence that LGBTQ/T cancer patients are making extensive use of online cancer knowledge and support, despite widespread “informational and institutional erasure” (Bauer et al., 2009) of sexual and gender minorities. By going online, participants were able to widen their scope of knowledge access, contribute to LGBTQ/T-specific knowledge, while increasing the likelihood of finding other LGBTQ/T cancer patients with experiential knowledge. To inform their cancer health decision-making and to account for the lack of communication and structural competency in cancer care, LGBTQ/T patients sort through biomedical and biographical knowledge that is shaped by heteronormative and cisnormative narratives so as to glean knowledge that aligns with their experiences. Our findings also reflect that LGBTQ/T cancer patients had an altruistic commitment to knowledge-sharing and mobilization with others in LGBTQ/T communities and a robust intersectional lens to shape visions of culturally competent online knowledge-sharing. This analysis also provides evidence that LGBTQ/T cancer patients have considerable health literacy and media literacy and use LGBTQ/T community networks and experiential knowledge to ameliorate the risks presented by cisnormative and heteronormative health knowledge structures.

We have made an argument for the necessity of undertaking a sexual and gender diversity analysis in both online and face-to-face support programming for sexual and/or gender minority cancer patients. The current organization of cancer knowledge and support spaces excludes sexual and gender minority cancer patients. The strong overall preference expressed by participants for both sexual-minority-specific and gender-minority-specific online knowledge and support points to particular need for online cancer support that takes into account the unique needs of sexual and gender minority populations. Knowledge and support spaces need to be designed in such a way as to recognize that sexual minority cancer patients and gender minority cancer patients have related, but distinctly different, experiences of cancer health and care.

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Conflict of Interests

The authors declare no conflict of interests.

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